



Roberta Carreri

THE DANCE OF INTENTIONS

Workshop led by Roberta Carreri

Actress at Nordisk Teaterlaboratorium – Odin Teatret since 1974.

The workshop with Roberta Carreri is divided into two parts.

The first part will focus on the actor's physical training – on awakening the actor's presence.

The second part will concentrate on voice work, including exercises that awaken different vocal resonances and develop the ability to perform vocal actions in space.

The aim of the workshop is to transmit, in a relatively short time, the foundation of a training that can help young actors discover their stage presence through the exploration of a formalized scenic behavior; and help experienced actors free themselves from their own clichés.

The workshop will focus on awareness of one's own presence in relation to space and to other actors on stage: how to be present in the action one is performing while also being ready to react.

It will also explore how to find the body's axes, how to work with "in-tensions," and how to achieve dynamic immobility.

We will explore different qualities of energy in the gaze and learn to identify various points in the body from which the impulse to move in space originates.

We will work on the creation of physical and vocal actions, and on how to carry them out with different qualities of energy.

Finally, the workshop will also focus on the aspect of vocal training using multiple body resonators and the relationship between vocal and physical actions.

Practical information:

- Max. 20 participants. Observers will be accepted.

The organizers must provide:

- A clean working space, preferably with a wooden floor. The room should be large enough to allow physical work for 20 people.
- A good sound system with an input and mini-jack cable.

Participants must:

- Wear sporty and comfortable clothing.
- Have memorized a text of at least 20 lines.

Roberta Carreri

E-mail: roberta.carreri@icloud.com

Phone: +45 24 46 65 55

CVR: 45 31 04 26

www.robortacarreri.com